

Menu Week 1

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Wholegrain toast - Oranges	Apple and pears, milk and water.	- Keema curry and rice with hidden vegetables. - Fromage frais	Rice Cake, milk and water.	- Deconstructed mixed bean enchiladas. - Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. - Plums	Pineapple and kiwi, milk and water.	- Roast chicken dinner with mash, peas and carrots. - Weekly bake	Carrot and Cucumber Sticks, milk and water.	-Scrambled egg on toast with tomato slices -Grapes
Wednesday	-Selection of cereals. -White toast - Kiwi	Pears and apple , milk and water.	-Tuna and sweetcorn pasta bake. - Melon sticks	Crackers, milk and water.	- Crumpets with soft cheese - Oranges
Thursday	-Selection of cereals. -Toast or crumpets. - Pineapple	Bananas and plums, milk and water.	-Cheese and onion pie and beans. - Flapjack	Pepper and tomato sticks, milk and water.	- Carrot and swede waffles with pitta bread and hummus. - Melon
Friday	-Selection of cereals. -Wholegrain toast - Grapes	Apples and kiwi, milk and water.	- One pot lasagne with penne and garlic bread. - Shortbread fingers	Breadsticks, milk and water.	Cheese or Ham sandwiches. Bananas

Menu Week 2

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apple and pears, milk and water.	-Pork Penne pasta with grated cheese. - Melon sticks	Rice Cake, milk and water.	Beans on toast Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pineapple and kiwi, milk and water.	- Chilli and brown rice - Weekly bake	Carrot and Cucumber Sticks, milk and water.	Buttered bagels Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pears and aples , milk and water.	Fish pie and peas - Cookies	Crackers, milk and water.	Cream cheese sandwiches and cucumber sticks. Orange
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Bananas and plums, milk and water.	- Chick pea and sweet potato curry with rice - Old school cake and custard	Pepper and tomato sticks, milk and water.	Pasta bake Melon
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apples and kiwi, milk and water.	-All day breakfast - Yogurt	Breadsticks, milk and water.	Garlic bread with fresh tomato and cheese. Bananas

Menu Week 3

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apple and pears, milk and water.	- Vegetable risotto - Fromage Frais	Rice Cake, milk and water.	- Tuna and sweetcorn pasta. -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pineapple and kiwi, milk and water.	- Fish finger pie - Weekly bake	Carrot and Cucumber Sticks, milk and water.	- Wafer thin chicken pittas with shredded carrot and mayo. -Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pears and apples, milk and water.	- Spag bol with hidden mushrooms. - Flap jacks with sultanas.	Crackers, milk and water.	- Toasted fruit loaf. -Oranges
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Bananas and plums, milk and water.	- Roast chicken with mash, broccoli and gravy. - Pineapple sticks	Pepper and tomato sticks, milk and water.	- Graze board with ham, cheese, crackers and vegetables. -Melon
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apples and kiwi, milk and water.	- Mixed bean jambalaya - Fairy bun	Breadsticks, milk and water.	- Pizza feast -Bananas

Menu Week 4

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apple and pears, milk and water.	- Salmon and broccoli pasta - Fromage frais	Rice Cake, milk and water.	- Chicken strips, pitta bread, dips and vegetable sticks -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pineapple and kiwi, milk and water.	- Sausage, mash and peas. - Weekly bake	Carrot and Cucumber Sticks, milk and water.	- Spaghetti hoops with bread and butter -Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pears and apples , milk and water.	- Mushroom risotto - Bananas and custard	Crackers, milk and water.	- Pizza crumpets topped with ham, sweetcorn and cheese -Oranges
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Bananas and plums, milk and water.	- Cottage pie with mixed vegetables. - Swiss roll	Pepper and tomato sticks, milk and water.	- Cheese and crackers. -Melon
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apples and kiwi, milk and water.	- Mixed bean chilli with rice and nachos - Pineapple upside down cake	Breadsticks, milk and water.	- Tuna and sweetcorn mayo sandwiches. -Bananas