

Menu Week 1

Milk and water served throughout the day.

	Breakfast (7.30-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Wholegrain toast - Oranges	Selection of fresh fruit, milk and water.	-Cod and broccoli pasta served with a side of garlic bread.	Rice Cake, milk and water.	- Graze board tea. Cooked meats, cheese, crackers, vegetable sticks, fruit and cheese rolls. - Grapes
Tuesday	-Selection of cereals. -Toast or crumpets. - Plums	Selection of fresh fruit, milk and water.	-Meat and potato pie served with peas and gravy. Or Cottage pie served with mixed vegetables and gravy - After dinner treat	Cheese crackers, milk and water.	- Crumpets topped with butter and cheese - Pineapple sticks
Wednesday	-Selection of cereals. -White toast - Kiwi	Selection of fresh fruit, milk and water.	- Slow cooked beef dinner with mash, roast potatoes and yorkshire pudding served with a side of vegetables.	Crackers, milk and water.	- Chicken pizza served with vegetable sticks and dip. - Oranges
Thursday	-Selection of cereals. -Toast or crumpets. - Pineapple	Selection of fresh fruit, milk and water.	-Paprika chicken pasta served with vegetables.	Rice cakes, milk and water.	- Home made soup served with bread and butter - Melon
Friday	-Selection of cereals. -Wholegrain toast - Grapes	Selection of fresh fruit, milk and water.	- Keema curry with chick peas and rice - Yogurt	Breadsticks, milk and water.	- Fish finger sandwiches served with cucumber sticks - Bananas

Menu Week 2

Milk and water served throughout the day.

	Breakfast (7.30-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	-Chick pea ,boursan, tomato and spinach pasta served with garlic bread	Rice Cake, milk and water.	Fish cake rolls served with mayo and vegetable sticks Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	- Gammon roast dinner with garlic potatoes and yorkshire pudding served with a side of seasonal vegetables and gravy.	Cheese crackers, milk and water.	Garlic bread topped with ham, cheese and tomatoes. Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	- Chicken tikka served with rice and a side of cucumber salad and naan bread.	Crackers, milk and water.	Meat and potato stew with vegetables Oranges
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	- Cheese and onion pie served with beans.	Rice cakes, milk and water.	Tuna, tomato, hidden veg and sweetcorn pasta bake. Kiwi
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	-Spaghetti bolognaise with hidden vegetables, cheese and a side of garlic bread	Breadsticks, milk and water.	Selection of sandwiches and vegetable sticks. Bananas

Menu Week 3

Milk and water served throughout the day.

	Breakfast (7.30-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	-Salmon and broccoli pasta with garlic bread pizza.	Rice Cake, milk and water.	- Beans on toast -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	- Chicken and sweetcorn pie served with a potato side	Cheese crackers, milk and water.	- Spanish, hidden veggies topped sweet potatoes -Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	- Chick pea and sweet potatoes curry served with naan bread.	Crackers, milk and water.	- Crispy bagel sandwiches served with either cheese and ham, butter or cheese and tomato. -Oranges
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	-Roast pork dinner with roast potatoes, yorkshire pudding, vegetables and a side of cauliflower and broccoli cheese.	Rice cakes, milk and water.	- Tomato and pepper orzo pasta with hidden lentils. -Melon
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	- Beef stroganoff served with rice and vegetables. - Friday teat	Breadsticks, milk and water.	- Pizzas with a selection of toppings -Bananas

Menu Week 4

Milk and water served throughout the day.

	Breakfast (7.30-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. - Fresh fruit	Selection of fresh fruit, milk and water.	- Blended Mixed bean chilli with rice and nachos	Rice Cake, milk and water.	- Homemade soup served with bread and butter -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. - Fresh fruit	Selection of fresh fruit, milk and water.	- All day breakfast - Treat day Tuesday	Cheese straws, milk and water.	- Tomato and pepper pasta served with cheese -Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. - Fresh fruit	Selection of fresh fruit, milk and water.	- Roast chicken dinner served with mash potatoes, stuffing, Yorkshire pudding, peas and carrots	Crackers, milk and water.	- Soft cheese on toast served with ham and quartered cherry tomatoes -Oranges
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Selection of fresh fruit, milk and water.	- Tuna and sweetcorn pasta bake served with a side of vegetable sticks	Rice cakes, milk and water.	- Carrot waffles served with vegetable sticks, hoummos and pitta bread. -Melon
Friday	-Selection of cereals. -Toast or crumpets. - Fresh fruit	Selection of fresh fruit, milk and water.	- Risotto of the month	Breadsticks, milk and water.	- Party tea Friday. -Bananas