

Menu Week 1

Milk and water served throughout the day.

	Breakfast (8- 8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cerealsWholegrain toast - Oranges	Apple and pears, milk and water.	-Mediterranean tuna and sweetcorn pasta bake. -Strawberry natural yogurt	Rice Cake, milk and water.	- Crumpets with soft cheese pepper batons - Pineapple
Tuesday	-Selection of cerealsToast or crumpets Plums	Pineapple and kiwi, milk and water.	-Cheese and onion pie and beans. - Children's cooked blueberry muffins	Cheese crackers, milk and water.	 Carrot and swede waffles with hoummos and cucumber sticks. Grapes
Wednesday	-Selection of cerealsWhite toast - Kiwi	Pears and apple , milk and water.	 Lasagna with hidden vegetables and lentils served with garlic bread Melon sticks 	Crackers, milk and water.	 Pulled roast chicken homemade wedges served with gravy and optional stuffing. Oranges
Thursday	-Selection of cerealsToast or crumpets Pineapple	Bananas and plums, milk and water.	Slow cooked pork dinner.Home made cake and custard	Rice cakes, milk and water.	- Homemade soup and sandwich Melon
Friday	-Selection of cerealsWholegrain toast - Grapes	Apples and kiwi, milk and water.	- Keema curry and chick peas and rice - Shortbread fingers	Breadsticks, milk and water.	 Cheese on toast with quartered cherry tomatoes. Bananas



Menu Week 2

Milk and water served throughout the day.

	Breakfast (8- 8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cerealsToast or crumpetsFresh fruit	Apple and pears, milk and water.	-Spaghetti bolognaise with hidden mushrooms and lentils , cheese and garlic bread - Melon sticks	Rice Cake, milk and water.	Toasted bagels with various toppings, carrot sticks Pineapple
Tuesday	-Selection of cerealsToast or crumpetsFresh fruit	Pineapple and kiwi, milk and water.	- Fish Pie and peas - Strawberry Roly poly	Cheese crackers, milk and water.	Beans on toast with cucumber sticks Grapes
Wednesday	-Selection of cerealsToast or crumpetsFresh fruit	Pears and apples , milk and water.	- Lemon chicken served with rice and corn. - Banana bread	Crackers, milk and water.	Fish cake rolls served with mayo and cherry tomatoes Orange
Thursday	-Selection of cerealsToast or crumpetsFresh fruit	Bananas and plums, milk and water.	- Hunters chicken pie served with corn - Fruit salad	Rice cakes, milk and water.	Creamy tomato pasta bake and pepper sticks Kiwi
Friday	-Selection of cereals. -Toast or crumpets Fresh fruit	Apples and kiwi, milk and water.	-All day breakfast - Cookies	Breadsticks, milk and water.	Cream cheese sandwiches with cucumber sticks Bananas



Menu Week 3

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets Fresh fruit	Apple and pears, milk and water.	-Salmon and broccoli pasta with garlic bread pizza. -Fruity natural yogurt	Rice Cake, milk and water.	- Ham, cheese and tomato loaded sweet potato wedges. -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets Fresh fruit	Pineapple and kiwi, milk and water.	Honey mustard pork served with egg noodles and mixed vegetables.Rice pudding	Cheese crackers, milk and water.	- Home made soup containing hidden lentils and pulses served with a bread rolls -Grapes
Wednesday	-Selection of cereals. -Toast or crumpets Fresh fruit	Pears and apples, milk and water.	- Risotto of the month - Artic roll served with raspberries	Crackers, milk and water.	variety of quichesserved withspaghetti hoops.-Oranges
Thursday	-Selection of cereals. -Toast or crumpets Fresh fruit	Bananas and plums, milk and water.	-Roast chicken dinnerFresh crumble of the month	Rice cakes, milk and water.	- Graze board with ham, cheese, crackers, cucumber and carrot sticksMelon
Friday	-Selection of cereals. -Toast or crumpets Fresh fruit	Apples and kiwi, milk and water.	- Sweet potato and chick pea curry, rice and naan bread - Eaton mess	Breadsticks, milk and water.	- Children's cooked pitta pizzas -Bananas



Menu Week 4
Milk and water served throughout the day.

	Breakfast (8- 8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets Fresh fruit	Apple and pears, milk and water.	 Pasta arrabbiata served with cheese and garlic bread Fruity Greek yogurt. 	Rice Cake, milk and water.	- Tuna, sweetcorn and cheese melts. -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets Fresh fruit	Pineapple and kiwi, milk and water.	- Slow cooked roast beef dinner - Children's weekly bake	Cheese straws, milk and water.	- Spaghetti hoops with sausage fingers and toastGrapes
Wednesday	-Selection of cereals. -Toast or crumpets Fresh fruit	Pears and apples , milk and water.	Blended Mixed bean chilli with rice and nachos Melon sticks	Crackers, milk and water.	- Puff pastry tarts and quartered cherry tomatoes -Oranges
Thursday	-Selection of cerealsToast or crumpetsFresh fruit	Bananas and plums, milk and water.	 Meat and potato pie with a puff pastry top served with mixed vegetables and gravy. Short bread 	Rice cakes, milk and water.	- Red pesto pasta with cheese and pepper sticks -Melon
Friday	-Selection of cereals. -Toast or crumpets Fresh fruit	Apples and kiwi, milk and water.	Cottage keema pie served with peas, carrots and gravy.Fruit kebabs	Breadsticks, milk and water.	Fish finger wraps served with veg sticks.-Bananas

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