Menu Week 1
Milk and water served throughout the day.

|  | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Wholegrain toast <br> - Oranges | Apple and pears, milk and water. | -Cauliflower macaroni cheese. <br> - Fromage frais | Rice Cake, milk and water. | - Roast chicken, sweetcorn and mayo sandwiches with celery sticks. <br> - Pineapple |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. <br> - Plums | Pineapple and kiwi, milk and water. | - Vegetable curry with brown rice - Weekly bake | Carrot and Cucumber Sticks, milk and water. | -Pizza feast <br> -Grapes |
| Wednesday | -Selection of cereals. <br> -White toast <br> - Kiwi | Pears and apple , milk and water. | -Gammon served in gravy with garlic crushed potatoes and peas. <br> - Melon sticks | Crackers, milk and water. | - Cream cheese and spinach pinwheels with beans. <br> - Oranges |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. <br> - Pineapple | Bananas and plums, milk and water. | -Mushroom and pepper tomato penne with garlic baguette. <br> - Ice cream and sprinkles. | Pepper and tomato sticks, milk and water. | - Tuna mayo or cheese filled pittas with cucumber sticks. <br> - Melon |
| Friday | -Selection of cereals. <br> -Wholegrain toast <br> - Grapes | Apples and kiwi, milk and water. | - Fish finger pie and peas. <br> - Homemade cookies. | Breadsticks, milk and water. | -Posh dogs <br> -Bananas |

Menu
Week 2
Milk and water served throughout the day.

|  | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Toast or crumpets. <br> -Fresh fruit | Apple and pears, milk and water. | -Mixed bean chilli and rice. <br> - Fromage Frais | Rice Cake, milk and water. | -Buttered Bagels Pineapple |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. <br> -Fresh fruit | Pineapple and kiwi, milk and water. | - Fish cakes with baby potatoes and sweetcorn. <br> - Weekly bake | Carrot and Cucumber Sticks, milk and water. | -Cheese, Ham and tomato pasta salad Grapes |
| Wednesday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Pears and aples, milk and water. | -Vegetable Jambalaya. <br> - Strawberry Mousse. | Crackers, milk and water. | -Construct your own chicken strips and vegetable platter. Orange |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Bananas and plums, milk and water. | - Roast chicken dinner with roasts, peas, sweetcorn and Yorkshire pudding. - Melon sticks | Pepper and tomato sticks, milk and water. | -Selection of sandwiches Melon |
| Friday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Apples and kiwi, milk and water. | -Sausage and broccoli cream cheese pasta with garlic bread. - Jelly | Breadsticks, milk and water. | -Carrot and swede waffles with sour cream dip. Bananas |

Menu
Week 3
Milk and water served throughout the day.

|  | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Toast or crumpets. <br> -Fresh fruit | Apple and pears, milk and water. | - Spag bol with hidden mushrooms. <br> - Pineapple sticks | Rice Cake, milk and water. | - Fish finger muffins with lettuce and mayo -Melon |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. <br> -Fresh fruit | Pineapple and kiwi, milk and water. | - Fish, chips and peas <br> - Weekly bake | Carrot and Cucumber Sticks, milk and water. | - Selection of sandwiches. -Grapes |
| Wednesday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Pears and apples, milk and water. | - Burrito bowl, taco mince, rice, cherry tomatoes, lettuce, mixed beans, cheese and sour cream. - Bananas and ice cream. | Crackers, milk and water. | - Tuna and sweetcorn pasta with mayo. -Oranges |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. <br> -Fresh fruit | Bananas and plums, milk and water. | - Spanish chicken with rice and sweetcorn. - Frozen yogurt lolly. | Pepper and tomato sticks, milk and water. | - Spaghetti hoops served with toast. -Pineapple |
| Friday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Apples and kiwi, milk and water. | - All day breakfast <br> - Chocolate dipped shortbread. | Breadsticks, milk and water. | - Graze board with cheese ham and vegetable platter. -Bananas |

Menu Week 4

Milk and water served throughout the day.

|  | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Toast or crumpets. <br> -Fresh fruit | Apple and pears, milk and water. | - Chicken and broccoli vegetable rice. <br> - Milk lolly. | Rice Cake, milk and water. | - Toasted fruit loaf with butter. <br> -Pineapple |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Pineapple and kiwi, milk and water. | - Cheese and onion pie and beans. <br> - Weekly bake | Carrot and Cucumber Sticks, milk and water. | - Pitta bread with chicken, vegetable sticks and tzatziki. -Grapes |
| Wednesday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Pears and apples, milk and water. | -Creamy carbonara and garlic bread. <br> - Jelly | Crackers, milk and water. | - Spud mans loaded new potatoes with cheese and beans. <br> -Oranges |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. -Fresh fruit | Bananas and plums, milk and water. | - Fish pie and peas. <br> - Fruity flap jack. | Pepper and tomato sticks, milk and water. | - Crispy buttered crumpets. <br> -Melon |
| Friday | -Selection of cereals. <br> -Toast or crumpets. <br> -Fresh fruit | Apples and kiwi, milk and water. | - Lamb casserole with carrot and swede mash. - Fruit salad. | Breadsticks, milk and water. | - Cream cheese and cucumber sandwiches with jam scones. |

