

Menu Week 1

Milk and water served throughout the day.

| | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
|-----------|--|--|--|--|--|
| Monday | -Selection of cerealsWholegrain toast - Oranges | Apple and pears, milk and water. | -Cauliflower macaroni cheese. - Fromage frais | Rice Cake, milk and water. | - Roast chicken, sweetcorn and mayo sandwiches with celery sticks. - Pineapple |
| Tuesday | -Selection of cereals. -Toast or crumpets. - Plums | Pineapple and kiwi, milk and water. | - Chicken curry with brown rice - Weekly bake | Carrot and Cucumber Sticks, milk and water. | -Pizza feast -Grapes |
| Wednesday | -Selection of cereals. -White toast - Kiwi | Pears and apple , milk and water. | -Gammon served in gravy with garlic crushed potatoes and peas Melon sticks | Crackers, milk and water. | - Pinwheels with beans Oranges |
| Thursday | -Selection of cerealsToast or crumpets Pineapple | Bananas and plums, milk and water. | -Tuscan chicken and Noodles. - Ice cream and sprinkles. | Pepper and tomato sticks, milk and water. | - Tuna mayo or cheese filled pittas with cucumber sticks Melon |
| Friday | -Selection of cerealsWholegrain toast - Grapes | Apples and kiwi, milk and water. | Fish finger pie and peas.Homemade cookies. | Breadsticks, milk and water. | -Posh dogs -Bananas |



Menu Week 2

Milk and water served throughout the day.

| | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
|-----------|---|--|--|--|--|
| Monday | -Selection of cerealsToast or crumpetsFresh fruit | Apple and pears, milk and water. | -Mixed bean chilli and rice Fromage Frais | Rice Cake, milk and water. | -Buttered Bagels Pineapple |
| Tuesday | -Selection of cerealsToast or crumpetsFresh fruit | Pineapple and kiwi, milk and water. | - Fish cakes with baby potatoes and sweetcorn Weekly bake | Carrot and Cucumber Sticks, milk and water. | -Tomato and pepper pasta. Grapes |
| Wednesday | -Selection of cereals. -Toast or crumpets. -Fresh fruit | Pears and aples , milk and water. | -Paprika chicken served with rice and peas Strawberry Mousse. | Crackers, milk and water. | -Construct your own chicken strips and vegetable platter. Orange |
| Thursday | -Selection of cerealsToast or crumpetsFresh fruit | Bananas and plums, milk and water. | Roast chicken dinner with roasts, peas, sweetcorn and Yorkshire pudding. Melon sticks | Pepper and tomato sticks, milk and water. | -Selection of sandwiches Melon |
| Friday | -Selection of cereals. -Toast or crumpets. -Fresh fruit | Apples and kiwi, milk and water. | -Sausage and broccoli cream cheese pasta with garlic bread. - Jelly | Breadsticks, milk and water. | -Carrot and swede waffles with sour cream dip. Bananas |



Menu Week 3

Milk and water served throughout the day.

| | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
|-----------|------------------------|------------------------|------------------------|-------------------------|------------------------|
| Monday | -Selection of cereals. | Apple and pears, milk | - Spag bol with hidden | Rice Cake, milk and | - Fish finger muffins |
| | -Toast or crumpets. | and water. | mushrooms. | water. | with lettuce and mayo |
| | -Fresh fruit | | - Pineapple sticks | | -Melon |
| Tuesday | -Selection of cereals. | Pineapple and kiwi, | - All day breakfast | Carrot and Cucumber | - Selection of |
| | -Toast or crumpets. | milk and water. | - Weekly bake | Sticks, milk and water. | sandwiches. |
| | -Fresh fruit | | | | -Grapes |
| Wednesday | -Selection of cereals. | Pears and apples, milk | - Burrito bowl with a | Crackers, milk and | - Tuna and sweetcorn |
| | -Toast or crumpets. | and water. | mixture of toppings. | water. | pasta with mayo. |
| | -Fresh fruit | | - Bananas and ice | | -Oranges |
| | | | cream. | | |
| Thursday | -Selection of cereals. | Bananas and plums, | - Spanish chicken with | Pepper and tomato | - Spaghetti hoops |
| | -Toast or crumpets. | milk and water. | rice and sweetcorn. | sticks, milk and water. | served with toast. |
| | -Fresh fruit | | - Frozen yogurt lolly. | | -Pineapple |
| Friday | -Selection of cereals. | Apples and kiwi, milk | - Fish, chips and peas | Breadsticks, milk and | - Graze board with |
| | -Toast or crumpets. | and water. | - Chocolate dipped | water. | cheese ham and |
| | -Fresh fruit | | shortbread. | | vegetable platter. |
| | | | | | -Bananas |



Menu Week 4

Milk and water served throughout the day.

| | Breakfast (8-8.30) | Snack | Lunch (11am) | Snack | Teatime Snack (3pm) |
|-----------|------------------------|---------------------|------------------------------|------------------|--------------------------------|
| Monday | -Selection of cereals. | Apple and pears, | - Chicken and broccoli | Rice Cake, milk | - Toasted fruit loaf with |
| | -Toast or crumpets. | milk and water. | vegetable rice. | and water. | butter. |
| | -Fresh fruit | | - Milk lolly. | | -Pineapple |
| Tuesday | -Selection of cereals. | Pineapple and kiwi, | - Cheese and onion pie and | Carrot and | - Pitta bread with chicken, |
| | -Toast or crumpets. | milk and water. | beans. | Cucumber | vegetable sticks and tzatziki. |
| | -Fresh fruit | | - Weekly bake | Sticks, milk and | -Grapes |
| | | | | water. | |
| Wednesday | -Selection of cereals. | Pears and apples, | -Creamy carbonara and | Crackers, milk | - Ham, cheese and tomato |
| | -Toast or crumpets. | milk and water. | garlic bread. | and water. | loaded wedges. |
| | -Fresh fruit | | - Jelly | | -Oranges |
| Thursday | -Selection of cereals. | Bananas and plums, | - Fish pie and peas. | Pepper and | - Crispy buttered crumpets. |
| | -Toast or crumpets. | milk and water. | - Fruity flap jack. | tomato sticks, | -Melon |
| | -Fresh fruit | | | milk and water. | |
| Friday | -Selection of cereals. | Apples and kiwi, | - Beef casserole with carrot | Breadsticks, | - Cream cheese and |
| Triday | -Toast or crumpets. | milk and water. | and swede mash. | milk and water. | cucumber sandwiches with |
| | -Fresh fruit | mink and water. | - Fruit salad. | mink and water. | jam scones. |
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